

## Session 1: What Prayer Is and Isn't

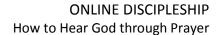
## Session Guide

## **Teaching Outline**

creating a "transactional" mentality?

1. Prayer is	, it's not	·
Prayer is	promise centered, it's not	
2. Prayer is	, it's not	·
3. Prayer is	, it's not	
Personal Reflecti	on Exercise oray and reflect on what you've just le	earned.
	e alone (we suggest at least 15 minute ersonal journal or through the Online	es) to work through the following questions at your Discipleship website.
(1) On a scale of one to te	n (ten being best), how would you ra	te your prayer life? Why?
(2) Based on what you lea do you struggle with the n		er relational, simple, and powerful? Which of these
(3) In your opinion, how do authentic relational conne		What makes them so powerful and essential for
master's business. Instead known to you" (John 15:1	l, I have called you friends, for everyt	rvants, because a servant does not know his thing that I learned from my Father I have made ne difference between servant and friend? Why levelop our friendship with Jesus?

(5) In the teaching, Chip said, "Left to ourselves, we can make prayer a transaction: did I pray 5 minutes, 7 minutes, or 12 minutes?" What could it look like for you to set personal guidelines/goals for prayer without





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(6) Read the following scripture and answer the questions below:

Jesus said, "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened" (Matthew 7:7-8).

- (a) Practically speaking, what does it look like for a person to ask, seek, knock? How is God calling you to personally ask, seek, knock?
- (b) In your reading of Matthew 7:7-8, does this mean God will answer all of our prayers in the way we want them answered? Explain why you feel the way you do.
- (7) What's keeping your prayer life from being what it should be? What are your personal barriers to a healthy prayer life?
- (8) Make a personal prayer goal for the next week and write it here:

Is there anything else you've heard God say? Anything else you need to reflect on through writing?

All Scripture is taken from New International Version (NIV) unless otherwise noted.